

MULTI GYM (UPPERBODY)

J4MGU

◆ Unlock your upper body potential with our Multi Gym Machine. Engineered for versatility, this machine offers a comprehensive range of exercises to target every muscle group in the upper body. With adjustable pulley positions and ergonomic handles, users can customize their workouts for optimal muscle engagement and growth.

◆ DIMENSION:

Length : 152 inches / 386 cms

Width : 85 inches / 216 cms

Height : 92 inches / 234 cms

Weight Stack :

Pec Fly / Rear Delt : 220lbs / 100kg

Lat Pull Down : 220lbs / 100kg

Long Pull Row : 220lbs / 100kg

High Low Pulley : 220lbs / 100kg

◆ MUSCLE WORKED:

Full Body

